| To a | | | |
|---------------------------|-------------------|--|--|
| Men | | | |
| | | | |
| 1st | Daniel Jones | | |
| 2nd | Dan Miller | | |
| 3rd | Steve Anders | | |
| 4th | Tom Fair | | |
| 5th | Thomas Harkin | | |
| 6th | Wayne Gregson | | |
| 7th | David Berry | | |
| 8th | Richard Wells | | |
| V40 | Lawrene Eccles | | |
| V45 | Chris Birkett | | |
| V50 | Simon Edwards | | |
| V55 | John Hunt | | |
| V60 | Tony Harvey | | |
| V65 | Chris Pedder | | |
| V70 | Jim Maxfield | | |
| | | | |
| Team | | | |
| | | | |
| Liverpool Pembroke Sefton | Daniel Jones | | |
| | Tom Fair | | |
| | Thomas Harkin | | |
| | Adam Jones | | |
| | | | |
| Women | | | |
| | 14 : 0 1 | | |
| 1st | Maria Cook | | |
| 2nd | Kate Sutcliffe | | |
| 3rd | Sara Miller | | |
| 4th | Rachel Yates | | |
| 5th | Rachel Fairclough | | |
| 6th | Lenka Vidamour | | |
| 7th | Lucy Bradshaw | | |
| 8th | Gemma Kelly | | |
| V35 | Victoria Gilbody | | |
| V40 | Hayley Fairclough | | |
| V45 | Amy Ball | | |
| V50 | Cathy Atkinson | | |
| V55 | Linda Jones | | |
| V60 | Linda Edmondson | | |
| V65 | Rosemary Symms | | |
| Team | | | |
| | | | |
| Billinge Running Club | Sara Miller | | |
| | Lucy Bradshaw | | |
| | Hayley Smith | | |
| | | | |